

**COLLEGIATE 4-H**



1990 Collegiate 4-H  
National Service File

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# The National Service File

## **What?**

The National Service File was initiated by the 1988-89 National Officers at the University of Nebraska. It is a compilation of projects by various collegiate 4-H clubs from around the nation. It gives a brief but accurate picture of the many activities that are undertaken by Collegiate 4-H volunteers, in such areas as 4-H/Youth Development, Community Service, and activities for the individual organization.

## **Why?**

In the past few years, the Collegiate 4-H has set it's goals on developing itself as a resource for traditional 4-H programs. We call it "Bridging the Gap." This is in reference to the fact that while many 4-H members often become inactive during their college years, they instead could be at one of their most productive phases of their 4-H career.

In these times of lagging federal funds, the Cooperative Extension Service is relying more on it's volunteers than ever before. As young adults who have recently finished our eligibility as 4-H members, we find ourselves willing and able to return to the 4-H program what we have received. Now, it is time to make state and county 4-H staff aware of our capabilities.

The publicity of the Collegiate 4-H and it's willingness to help is a major thrust of the National Service File. In it, a 4-H agent or leader can find countless opportunities at their disposal. The Collegiate 4-H is spreading the word.

The other purposes of the service file is for the distribution of ideas among the Collegiate 4-H clubs. Leadership workshops, fundraisers and self-development are among the many activities that draw college students to the organization. The clubs are constantly searching for new ideas, and the service file provides them.

## **How?**

The National Service File makes it easy to use the Collegiate 4-H as a resource base. For example, a 4-H agent might notice a weekend leadership program in the National Service File, and request that a local collegiate club conduct something similar. The club may not come up with the exact same program, but chances are they can provide a learning experience that the younger 4-H members won't forget.

Being busy college students, it is hard to spend a lot of time publicizing what we have to offer. Often, we depend on the leaders and agents to tell us what they need. So when your time and money is short don't forget the collegiate 4-H. Make us work for you!

# 4-H Host Program

*Alderson-Broaddus College*

## What?

A weekend learning event for high school 4-Hers at a state college.

## Why?

The 4-H Host Program allows high school students a chance to experience a college environment to help them prepare for their upcoming collegiate career. It also provides an opportunity for Alderson-Broaddus Collegiate 4-H to publicize their organization on a one to one basis.

## How?

The Host Program was held over a period of three days in early February. The Co-chairman of the Host Program began their planning in the previous August. Some of the preparations they began at the beginning of the year included any written materials, scheduling speakers, and planning food and housing arrangements. This work lasted all the way up until the actual program. In November, information such as registrations and details was sent to the county extension agents. There were five committees:

Food Committee	Prepare two breakfasts and one dinner.
Candlelighting Committee	Prepare the candlelighting services.
Ice breaking Committee	Plan ice breakers and games.
Council Circle Committee	Plan Council Circle.
Dance Committee	Organize dances.

The costs of the conference, which were covered by a registration fee, included \$650.00 for food, \$140.00 for paper products, and \$42.00 for Insurance. The only problems that Alderson-Broaddus faced was a lack of heat in the residence hall and bad winter weather. One suggestion they mentioned was to be sure to include plenty of spirited activities.

## Who?

There were 25 club members that helped out, and approximately 50 others from various other college organizations. 69 high school 4-H members attended, along with six adult chaperones.

## **p.s.**

The overall rating of this program by those attending was a 9.45 (out of 10).

# Teen Leaders Banquet

*Marshall University*

## **What?**

A banquet for local 4-H Teen Leaders planned and chaperoned by the Marshall University Collegiate 4-H.

## **Why?**

To give an opportunity for the Collegiate 4-Hers to get to know the individual teen leaders. The Collegiate 4-Hers wanted to meet with the individual teens, since they planned on working with them on a variety of projects. The banquet and dance provided a non-serious and relaxing atmosphere which made everyone more comfortable.

## **How?**

The evening banquet and dance lasted about five hours. The Collegiate 4-H'ers started planning for the mid-December event as early as September, which was when the Service Committee notified the other Collegiate 4-H members about it. Actual decision making and committee work was done throughout the semester, and the club was sure to ask for volunteer chaperones by the beginning of November.

The Chaperone Committee was in charge of watching over the teens and making sure that everything went smooth at the banquet and dance. It was up to the Food Committee to prepare the banquet and have refreshments at the dance. Marshall Collegiate 4-H had one group, the Service Committee, which was responsible for getting the ball rolling and overseeing the entire event.

The Collegiate 4-H Group mentioned that not as many 4-Hers attended as first hoped, and they have decided that the next time they will publicize the event earlier and more aggressively.

## **Who?**

There were seven club members who planned and attended the banquet. These collegiate members worked alongside ten teen members from the Cabell County Teen Leader Association. There were twenty people served at the meal.

## **p.s**

“It was good for Collegiate 4-Hers to help and work with high school 4-Hers,” said the Marshall University Collegiate 4-H club

# Jr. Leadership Internships

*South Dakota State University*

## **What?**

A weekend leadership workshop performed by South Dakota State Collegiate 4-H to benefit 4-Hers statewide.

## **Why?**

To provide leadership experience for Jr. Leaders and to help promote the purpose of the SDSU Collegiate 4-H.

## **How?**

The leadership workshops take a weekend to complete, plus travel time to the location. The workshop was given at the end of December, and planning started in early October. This is when members of the collegiate 4-H met with county Jr. Leaders to record their ideas and goals. After deciding on what area of leadership to focus on, the collegiate 4-Hers were trained in a specific program called “Designing 4-H With People.” This was in the middle of November, and at the end of that same month, they prepared the educational material they needed. They went over the agenda and practiced the workshops in mid-December.

The SDSU 4-Hers had one committee that was in charge of preparing, training and planning the “Designing 4-H with People” workshop. They also taught recreational programs at the workshop, for which the Recreation Committee was responsible for. The costs broke down like this:

Paper	\$30.00
Xeroxing	\$15.00
“Designing 4-H” Handbook	\$30.00
Travel, lodging and meals	\$250.00

## **Who?**

There were twelve club members who helped prepare and present the workshop and fifty non-club workers from the County Jr. Leader Organizations. Up to seventy Jr. Leaders were reached at the workshop.

## **p.s**

“It was good for Collegiate 4-Hers to help and work with high school 4-Hers,” said the Marshall University Collegiate 4-H club

# Judging at County Show and Round-up

*Texas A&M University*

## **What?**

The Collegiate 4-H members of the Texas A&M club provide their project knowledge and time to help judge 4-H exhibits.

## **Why?**

This is a chance for the collegiate members to provide a service that is needed by the county agents. Texas A&M members have served as judges at two county food shows and a county round-up. The other 4-H leaders and volunteers are then free to pursue other tasks.

## **How?**

The judging is done on several evenings throughout the year, depending on when the county agents need the collegiate members. The Texas A&M members started out by simply letting local county agents know that they were available to help on county projects. It was then up to the agents to let the members know when they were needed.

There was one committee, the County Committee, which was in charge of setting up members to travel to the various judging contests. If the members of the committee were not available for the evening, it was their responsibility to arrange for other members of the club to serve as judges. A definite advantage of this project was the fact that all of the money for gas and travel was donated by the counties.

The Aggies of A&M did suggest to stay after the contest or function to talk with the younger 4-H members. It is important to give reasons concerning the decisions, and it gives a chance for the college students to interact more with the younger people. Texas A&M would also like to recommend that in a letter to local county agents that a club contact person, their telephone number and the club address be included.

## **Who?**

The number of club workers varied event to event, from 6-25. The club made sure to have a contact person form the event, like a county agent or 4-H leader.

## **p.s**

All of the members judging have been presented with appreciation gifts. Brazos County paid the club \$50 to judge their Round-Up, and have asked us to judge again.

# 4-H Leadership Workshop

*University of Arizona*

## **What?**

A workshop to teach Parliamentary Procedure and inform of other 4-H opportunities. 35-40 people were reached in this project.

## **Why?**

This is an opportunity for the local 4-Hers to benefit from the experience of the Collegiate 4-H members. It has helped promote the U. of Arizona Collegiate 4-H and has provided county extension and 4-H leaders with a resource that did not take up their time or money.

## **How?**

The Collegiate 4-H Club began the planning for the workshop one week before it took place. In the week before the workshop, organizers bought the miscellaneous materials for their presentation and prepared it. This included poster, markers, etc. Just one week later, the members were ready to give the two and one half hour workshop.

The club used one planning committee which made the posters, bought the necessary items, made notes for a mock parliamentary meeting, prepared a slide show and planned all the other details.

One of the advantages of this workshop was its low cost. The total was only \$6.00 for the various supplies.

## **Who?**

There were five members of the club who planned the workshop, and it took only three to conduct the actual event. There were several 4-H clubs in Santa Cruz County that attended the workshop.

## **P.S**

Janet Paz, the Extension Agent in Santa Cruz County was very pleased with us and has invited us back to help at their County Round-Up and maybe put on a workshop regarding 4-H records. She is also recommending our services to the other counties.

# 4-H Ambassador Training

*University of Idaho*

## **What?**

A training session for the 4-H Ambassadors of District 1 in Idaho, with information on self-development and presentation skills.

## **Why?**

The session included talks on how the ambassadors could see the many opportunities of 4-H to their advantages, and how they, ambassadors, could spread the word about 4-H. The session is designed to help give ideas on how the 4-H members could become better ambassadors.

## **How?**

The workshop took about an hour and a half to present. The University of Idaho Collegiate 4-H club was asked to do the workshop only three weeks before it was to be given. In that period of time, the collegiate 4-H members developed committees and made any materials that were needed for the workshop.

The first committee was on Self Development, and their job was to explain how to give presentations suitable to audiences of different age groups. The second committee was 4-H Opportunities. They explained the opportunities that were available through the 4-H program.

The Idaho Collegiate members reported that there was a small lag in the communications between the coordinators of the Ambassador program and the collegiate members. They suggest that it is made clear what points need to be made and what amount of time is allotted.

## **Who?**

There were five club members involved with the project. There were also five ambassadors and their two advisors present at the training session.

## **P.S**

The University of Idaho Collegiate 4-H felt that this activity was well done. The handouts were clear and well organized. The presentations were also very clear.

# Midwinter Retreat Leadership Workshop

*University of Nebraska-Lincoln*

## **What?**

A series of four workshops designed to help 4-Hers in such areas as meeting facilitation, self-confidence, leadership and 4-H opportunities.

## **Why?**

The workshop, which has an audience of sixty 13-17 year olds, was a success because of two main reasons. One, the collegiate 4-Hers had extensive experience in the areas in which they spoke. Secondly, the collegiate 4-Hers were noted to be much older than the traditional members, which gave them credibility and the ability to work with the teens on their own level.

## **How?**

The actual workshops were given twice and each session lasted about an hour and one half. The Collegiate 4-Hers met two days before the presentation to plan which workshops would be given. The collegiate members already had workshops that they had given before. It is suggested that if you have to develop the actual workshop, that you meet at least a week before the presentation.

There were four committees, one for each individual workshop:

“Spreading it Around”	Meeting facilitation.
“Lead me On”	Being a Leader to others
“I Am Who I Think You Think I Am”	Self-Visualization
“... What Next?”	Opportunities in 4-H

The club did not have any cost beyond the gas to get there, which was provided by the 4-H club. The collegiate 4-Hers did notice a difference between the younger teens and the older ones, and it was suggested that the next time, the kids might want to be divided up by age.

The 4-H members were broken into two groups. While one group was at another activity, we broke our group into four groups. The two groups then later switched activities and we repeated our previous workshops to them.

## **Who?**

There were seven club members who helped, with the support of the director of the Midwinter Retreat.

## **4-H Roundup – Dance and Luau**

*University of Tennessee- Knoxville*

### **What?**

The 4-H Roundup – Dance and Luau is sponsored by the University of Tennessee Collegiate 4-H. It reaches 500 outstanding Senior 4-H members, leaders and agents.

### **Why?**

By helping with this, a major event in Tennessee 4-H, the Collegiate 4-H Club in Knoxville is helping to reach their goal of “Bridging the Gap” between traditional 4-H members and the leaders, agents, and extension. By reaching over 500 people, the University of Tennessee club was able to promote their own club.

### **How?**

The Roundup takes place in July, so the club officers began the preliminary planning in April. They recruited members and set up the committees in May, before school ended. The committees met throughout June and July, before the event. They concluded with an evaluation in August.

The Refreshment Committee was responsible for selecting, buying, preparing and serving the refreshments at the dance and luau. The mixers, music, games and contests were planned by the Activity/ Contest Committee. It was up to the Decorations Committee to select and purchase the decorations, and to coordinate them with the Hawaiian theme.

The costs that the club incurred was \$145.00, which was \$50.00 for the Disc Jockey and \$95.00 for refreshments, decorations and party favors. The University of Tennessee Collegiate 4-H Club suggests to remember to make sure that the facility is large enough for the number of people who will be participating.

### **Who?**

There were 15 club members who were involved in this project.

### **p.s**

The Senior 4-H members enjoyed the music, the atmosphere, and the social activity. The refreshments were attractive; trusty and reflected the theme (lots of fresh fruit, chum and nibble.) We had good Collegiate 4-H visibility. The committees really worked well.

# **Falcon 4-H Volleyball Tournament**

*University of Wisconsin River Falls*

## **What?**

A volleyball tournament for 4-Hers sponsored by the Falcon Collegiate 4-H.

## **Why?**

It is a way to bring together 4-Hers from two different counties for a fun day of playful interaction. While attracting 75 participants to the annual event, it also serves as fundraiser for the Falcon Collegiate 4-H, and a great method to publicize the Collegiate 4-H organization.

## **How?**

The tournament is held every year in the spring, and spans from Saturday morning to that afternoon. The club begins its planning process in October by preparing surveys, to be sent to local 4-Hers, asking for suggestions about the time and place of the tournament. The surveys are sent out in November, and then collected throughout the following two months. The fees for entering a team are received in January. Then next stop is to set up the actual contest when the tournament comes around in early spring.

There were three committees set up by the University of Wisconsin – River Falls to handle the details of the event. The publicity committee was in charge of the planning, sending and collection of the surveys and letters publicizing the tournament. The equipment committee was responsible for finding a location, getting the equipment and setting it up. The third committee was the organization committee. It was their duty to set up the teams in the contest and to make sure that everything went smoothly.

Of course there was some costs incurred. The rented equipment totaled \$150.00 and the trophies for the winning teams cost \$50.00. In the past, the Falcon Collegiate 4-H club has held the contest indoors, since spring can be unpredictable in Wisconsin.. They did have trouble with space and getting more team intermixes. One suggestion that the club had was to have a potluck for the tournament, which they feel would help promote more interaction between the 4-Hers.

## **Who?**

There were 10 club members who initiated and organized the event along with the help of an advisor. 4-Hers from St. Croix and Pierce County participated.

## **P.S**

This was the third year that the University of Wisconsin – River Falls have sponsored this volleyball tournament. They will hold it again next year.

***Collegiate 4-H***  
***National Service File***

***Club Activities***

# **B-Y-O Buns Hamburger Cookout**

*Texas A&M University*

## **What?**

A social mixer with other Collegiate 4-H clubs in Texas, with a barbecue at a Texas A&M football game.

## **Why?**

To have fun! A great road trip for college students on a football Saturday. It is also a time for collegiate 4-H clubs to exchange ideas and thoughts in a relaxed manner. There are no meetings or workshops, and it is a great way for Collegiate members from different areas to get to know each other. It would really be a fun way to recruit new members, too.

## **How?**

The barbecue lasted an hour with a football game following on September 30. The A&M club decided to stage the get together at the beginning of the month, and told other clubs a few weeks later. They also were sure to reserve a place, a convenient gazebo, to have the barbecue. They bought the meat and the cheese on the day of the game. Of course, they didn't buy any buns, hence the name "Bring-Your-Own-Buns."

The club just divided the responsibilities by asking the officers to bring the condiments, chips and paper goods, while the members provide a table, the barbecue pit and a tea thermos.

The club purchased meat patties for the feast costing \$40.00 and had all the cheese, tea and condiments donated. The club didn't charge anything for the meal. This was the first year that Texas A&M Collegiate 4-H tried this and it was a great success. A few ideas that they had for the next year included inviting alumni and parents, provide housing for other clubs that drive a long distance and also provide name tags.

## **Who?**

It took seven of the club members to plan the event (not including those who attended the day of the barbecue). The Texas Tech and Tarleton State Collegiate 4-H Clubs were invited to College Station for the day.

## **P.S**

We are going to invite more clubs next year. We invited Texas Tech because we were playing them in football that day.

# Haunted Hayride

*University of New Hampshire*

## **What?**

A fun hayride in the fall sponsored by the University of New Hampshire.

## **Why?**

The Collegiate 4-Hers at UNH created this event not only as a fundraiser for their club, but to also bring the university and community of Durham closer together. The project brought in \$260.00 for the club.

## **How?**

The hayride was held a few days before Halloween from 7pm – 11pm. The club separated the duties into the following committees:

<b>Publicity Committee</b>	Advertising of the hayride.
<b>Decorations/ Spooks</b>	To “haunt” the hayride.
<b>Organizational</b>	a. Get town/school permits. b. Notify police, find an escort, chaperon and a driver.

UNH Collegiate 4-H spent \$30.00 on a driver and \$20.00 on miscellaneous supplies. The 4-Hers at the University of New Hampshire suggest that it might be better to shorten the length of the ride, and they emphasize that publicity is very important for this type of fundraiser.

## **Who?**

There were twelve club members who planned and carried through the event, which attracted 150 people.

## **p.s**

This has proven to be a very successful fundraiser for the University of New Hampshire Collegiate 4-H. A lot of fun!

March 12, 1990

Dear 4-H Staff,

Hello from the North Central Region Collegiate 4-H Organization. The officers here in the Midwest are busy setting goals and planning our future. One goal that we are working on is the Regional Service File, which as you will see, is a compilation of projects and programs designed by Collegiate 4-Hers from South Dakota to Ohio.

In order to achieve the most effective and useful file, we have take a few samples from last years National Service File and put them together in much the same way that we are planning the Regional version. We are asking 4-H staff to evaluate our project.

We have sent this to a wide variety of people, in both county and state offices, and in areas that have nearby Collegiate 4-H Organizations, and in places that do not. Many of you are familiar with Collegiate 4-H, some are advisors and former members. Others may not be aware that a Regional and National group exists. We are asking for simple, honest answers, in order that we can assess our work. We would appreciate as prompt reply as possible, since all of us are working on such a tight schedule.

The officers invite you to share this file with other 4-H staff members in your workplace and even across the state. This is something that we hope everyone can utilize. The more feedback we receive, the more complete the Regional and National Service Files will be.

Please return the evaluation form to:

North Central Collegiate 4-H  
114 Agriculture Hall  
University of Nebraska  
Lincoln, NE 68583-0700

Once again, than you for your time, and we are waiting to hear from you!

Sincerely,  
Mitch Mason  
President  
North Central Region

## National Service File Evaluation Form

Please answer questions in as much details as possible.

1. Were you aware of the collegiate 4-H program on a regional and/or national level?  
Yes \_\_\_\_\_ No \_\_\_\_\_

2. Have you or anyone in your 4-H program ever been involved with a Collegiate 4-H organization? Please give examples.

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3. After reading the purpose of the National Service File, to what extent could the file be helpful to a 4-H program?

Very helpful 5 4 3 2 1 Not helpful

Please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

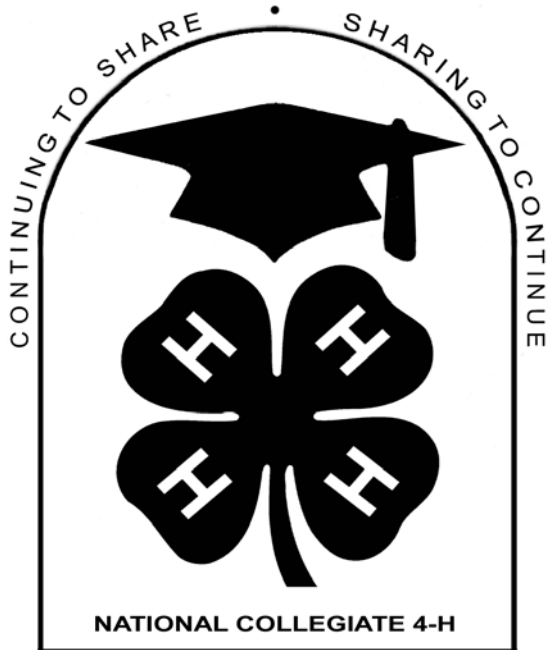
4. Do you feel there is the potential for the Collegiate 4-H to become a resource base for the training and leadership development of 4-H youth?

Please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Can you think of any current or future program areas of your own 4-H program which could use the Collegiate 4-H volunteers as a resource? (You don't need to write down the programs, just reply yes/no.)

Yes \_\_\_\_\_ No \_\_\_\_\_

Don Siffring, Nebraska  
Max Miller, Missouri  
Rich Howard, South Dakota  
Steve Mullen, USDA



## COLLEGIATE 4-H

### ...EXTENSION'S BEST KEPT SECRET

#### WHAT IF SOMEONE *GAVE* *YOU* VOLUNTEERS RICH IN:

- Achievement orientation
- Creativity
- Knowledgeable about 4-H
- Energy
- Enthusiasm
- Fun loving
- Fast track orientation
- Community service commitment

#### ...AND WHAT IF THESE VOLUNTEERS ASKED ONLY THAT *YOU GIVE*:

- Opportunity for personal growth
- Opportunity to serve others
- Direction in programming for national extension initiative/issue (most any of them)
- Training to teach others
- New experiences
- Commitment to facilitating volunteers

THE YOUNG POTENTIAL VOLUNTEERS THAT FIT THIS DESCRIPTION AWAIT YOU AT YOUR LOCAL COLLEGES AND UNIVERSITIES AS COLLEGIATE 4-H. ON THE NATIONAL LEVEL COLLEGIATE 4-H HAS COMMITTED ITSELF TO WORK AS A RESOURCE BASE FOR 4-H.

#### GET YOUR FAIR SHARE OF THEIR TALENT:

- Identify a staff person to liaison all collegiate groups in your state. Then you help too!!
- Track older 4-Hers as they leave for college.
- Encourage older 4-Hers to join collegiate 4-H and share names with staff contact.
- Facilitate collegiate 4-Hers towards Extension initiative/issue programming.
- Give recognition when applicable.